

## meet the team

### our dentists

**Ian McInnes** (M) BDS Edin 1983 GDC 57902

**Mihaela Florescu** (F) DMD Iasi 1996 GDC 182585

**Ehsan Alanizi** (M) BDS Mosul 2006 GDC 136940

### oral health education team

Hygienist **Natalie Cummins** (F) DIP Dental Hygienist/Therapist GDC Number 124189

**Lynn Nash** (F) BSC Dental Hygienist/Therapist GDC Number 185339

### opening times

**Monday to Thursday 8.30am – 5.30pm**

**Friday 8.30am -1.00pm.**

If you have to cancel an appointment, please give us 24 hours' notice so that we can offer the time to someone waiting for treatment. We may make a charge for short notice cancellations or missed appointments.

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**northbridge**  
dental

T : 01450 372187

[www.northbridgedental.co.uk](http://www.northbridgedental.co.uk)

## for your information

### safety

We take all necessary precautions to safeguard you and our staff. We follow recommended guidelines with regard to sterilisation of instruments and the use of disposable items, e.g. gloves and needles. We are happy to answer any questions you may have.

### accessibility

We are able to offer disabled access to our practice via a temporary external ramp. Patients are able to obtain treatment by their own dentist and that of a hygienist on the ground floor. Please make us aware if you require a ramp facility for your dental appointment.

### parking

Parking is available on the street directly outside the practice on North Bridge Street, free of charge and in the car park on Mart Street near Morrisons supermarket.

### interpretation services

Information about interpretation for services is available upon request.

### quality assurance scheme

North Bridge Dental adheres to the General Dental Council's Standards for Dental Professionals.

### freedom of information

The practice has adopted the Information for Scotland's Model Publication Scheme 2014. A guide to the information is available from the practice upon request.

### our practice

We are a mixed practice providing private dental care for our adult patients in addition to NHS care for children in full time education up to the age of 19.

## emergencies

**In the case of an emergency, please contact the practice as early as possible in the day to secure an emergency appointment.** If you require emergency treatment outside surgery hours, please telephone the practice where you will hear a message detailing the specific arrangements for that day.

### emergency out of hours advice

The practice is a member of the Borders Emergency Dentists Scheme (BEDS) Out of hours support is available by phoning **NHS 24 on 111**

If treatment is deemed necessary, it will be delivered at Borders General Hospital under NHS terms and conditions. All North Bridge Dental Practice Members can access this service.

### NHS information and helpline

NHS dental helpline Weekdays 8.30am – 6pm **0845 300 0930**

You may be exempt from NHS dental charges if you:

- Are pregnant
- Have had a baby in the last 12 months
- Get income support or certain other benefits.

If you do not qualify for NHS exemptions you will be expected to pay NHS dental charges for any necessary treatment provided. You can pay with cash, cheque or debit/credit card directly after your appointment.

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41 North Bridge Street Hawick TD9 9PX

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T : 01450 372187

For full details about our treatment, practice and team visit our website [www.northbridgedental.co.uk](http://www.northbridgedental.co.uk)



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Our Dental Care Plans



## welcome to north bridge dental

Firstly we would like to thank you for choosing our practice.

At North Bridge Dental we provide high quality treatment in a friendly environment. We are committed to continuing dental education and keeping abreast of the changes in modern dentistry. Clients have the reassurance that they are receiving top quality treatment using the latest techniques and products available on the market.

Our modern health promoting approach means that we encourage preventative techniques and can help you to understand how to maintain the health of your mouth and keep it free of tooth decay and gum disease. That's why we are proud to present our own Dental Care Plans – which enable us to provide you with a package of treatment and support that's right for you. As well as keeping your mouth healthy we can also provide you with greater choice and more attractive teeth at a reduced cost.

We hope our Dental Plans are of interest to you and look forward to having the opportunity to explain the considerable benefits to you in person.

Yours

Practice Manager

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## introducing our dental care plans

Here at North Bridge Dental we believe that the best way of making dental treatment affordable, without compromising our high quality of care, is to offer you membership of our own Dental Care Plans which provide you with a superb range of benefits and care in cost effective monthly packages.

### benefits of membership

Our dental memberships rewards and looks after our patients who visit the practice regularly. Just look at what you can gain from becoming a member.

### discounts

- 20% discount on any laboratory-based treatments required, i.e. crowns, bridges and dentures.
- 20% discount on any fillings.
- 20% discount on many other treatments (extractions, etc).
- 20% discount on additional hygiene care.
- 10% discount on oral hygiene products purchased at the practice.

### worldwide dental emergency assistance scheme

- Eligibility to request assistance following a **Dental Trauma** and/or **Dental Emergency** or **Oral Cancer**.  
 Full details can be found in our member handbook available from our front desk team.

### and there's more...

- Assessment of emergencies and dental pain with any temporary treatment required, carried out at the practice during normal surgery hours.
- All treatment planning for your future dental needs.

### finance facilities

Finance facilities are available at the practice. We will be pleased to discuss the details with you.



**how do I register for a north bridge dental plan?**  
 Please speak to any member of the team if you would like more information or for details on how to register.

## your dentist will recommend a plan that's right for you

We believe in helping you to maintain your oral health, whilst enabling you to spread the cost of your routine dental care. That's why we have introduced our own dental membership options to ensure healthy teeth and gums for life. Make great savings on your dental care with our Dental Plans.

### ANNUAL PLAN

Ideal for patients with few fillings and healthy gums.

**£9.55**  
 per month

- Includes:
- 1 dental health examination per year\*
  - 1 20 minute hygiene appointment per year\*
  - 1 oral cancer screening check per year
  - Routine x-rays as required
  - 20% discount on all treatment required\*\*
  - Worldwide dental emergency assistance scheme\*\*\*
  - Access to emergency care

### DENTAL CARE PLAN

**£13.35**  
 per month

- Includes:
- 2 dental health examinations per year\*
  - 2 20 minute hygiene appointments per year\*
  - 2 oral cancer screening checks per year
  - Routine x-rays as required
  - 20% discount on all treatments required\*\*
  - Worldwide dental emergency assistance scheme\*\*\*
  - Access to emergency care

### DENTAL CARE PLAN PLUS

**£17.40**  
 per month

- Includes:
- 2 dental health examinations per year\*
  - 4 20 minute hygiene appointments per year\*
  - 2 oral cancer screening checks per year
  - Routine x-rays as required
  - 20% discount on all treatments required\*\*
  - Worldwide dental emergency assistance scheme\*\*\*
  - Access to emergency care

### DENTAL CARE HYGIENE PLAN

**£23.40**  
 per month

- Includes:
- 2 dental health examinations per year\*
  - 4 30 minute hygiene appointments per year\*
  - 2 oral cancer screening checks per year
  - Routine x-rays as required
  - 20% discount on all treatments required\*\*
  - Worldwide dental emergency assistance scheme\*\*\*
  - Access to emergency care

### DENTURE PLAN

For patients with full upper and lower dentures

**£5.40**  
 per month

- Includes:
- 1 dental health examination per year\*
  - 1 oral cancer screening check per year
  - Free denture adjustment
  - 20% discount on all treatments required\*\*
  - Worldwide dental emergency assistance scheme
  - Access to emergency care

\* The provision of routine examinations is subject to receipt of the required consecutive monthly payments.  
 \*\* Discounts only apply to treatments carried out at the practice.  
 \*\*\* The Worldwide Dental Emergency Assistance Scheme is a scheme established to offer support and assistance to dental plan patients who request treatment following a dental trauma and/or dental emergency or oral cancer. The Scheme responds to requests for assistance on a wholly discretionary basis. This means that, whilst the Scheme aims to provide benefits in most cases, it has no obligation to provide any benefit unless it first decides (in its sole and absolute discretion) that it should provide a benefit. There are some circumstances in which the Scheme is not designed to help and these are explained in more detail in the Scheme Handbook. Each request will be looked at individually to assess the request for benefit. Certain restrictions and limitations may apply in the event that the request is accepted and it is possible that the Scheme will decide to provide no benefit.  
 Prices correct at time of going to print.