

Discover how you can  
look your natural best



**altroviso**  
facial aesthetics





# altroviso

facial aesthetics

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## altroviso

facial aesthetics

### Facial aesthetics at North Bridge Dental

As a dental practice of over 70 years we fully appreciate the importance that an attractive smile and rejuvenated face can make to a person's confidence. We are proud to offer a range of superb treatments that can help you look and feel good.

Who better to trust than a trained medical professional to give you a younger looking appearance.

Mihaela our facial aesthetics clinician can provide wrinkle relaxing and dermal filler injections tailored to your needs in a relaxed and comfortable environment.



*'the final result is even better than I had hoped, both subtle and natural'*

## Wrinkle relaxing injections

A popular and well known cosmetic treatment which relaxes muscles to smooth wrinkles and prevent deeper lines forming.

Many of us want to look good for our age but lines and wrinkles can develop around the face, which can cause us to look more tired than we actually are, or deep frown lines between the brows that can make us appear older. The most popular treatment by far is the use of Botulinum toxin A, (Botox®) to help relax these deep and fine-line facial wrinkles.

The treatment known as Botox® has been formally approved for medical use to reduce the over activity of these facial muscles that result in the development of lines and wrinkles. The procedure can have remarkable effects improving the skin and increasing feeling of well-being and self-confidence.



## What does the treatment involve?

Your first appointment will be an aesthetic consultation. At this appointment you will be given all the information you require and be asked to fill in a medical/consent form. A series of before photographs will be taken and if you decide you wish to go ahead we will make your treatment appointment.

At your second appointment the wrinkle relaxing injections will be administered. Your appointment will last about 30 - 40mins however the actual injection process takes about 15mins.

The procedure is simple to perform and most patients find the injections only cause a mild sting lasting seconds.

Good results can be obtained after a single session but as the effects can take up to 14 days to develop we ask that you return for an assessment to ensure the best results. Should more Botox® be required it would be added at this time at no extra cost.

## How soon does it work and how long will it last?

The effects can last about 4 months however most people find that after about 2 years of regular use the effects last longer. Repeat treatments are usually required approximately every 3 to 4 months over a 12 month period.

## What areas can be treated?

Ideal areas for treatment are those wrinkles caused by muscles of facial expression, such as the deep creases between eyebrows (frown lines), forehead lines and crows feet.

## What does the treatment cost?

30 minute consultation - £60

*(FREE if you decided to go ahead with treatment)*

1 Area - £150

2 Areas - £200

3 Areas - £250

*(20% discount does NOT apply to plan members)*



Before



After

## Dermal fillers

Dermal fillers give instant results by filling and smoothing out facial lines to temporarily restore skin plumpness.

They are also a great product for adding volume to thin lips and creating a more defined lip border as well as lifting the corners of the mouth.

Fillers are a safe, clinically proven treatment using injectable gels, a key component of which is Hyaluronic Acid. This is a natural substance in our skin which gradually diminishes with age, resulting in dermal dehydration and wrinkle formation.

*'From the first appointment I was fully supported to make informed choices about my treatment. The team listened carefully to my needs and performed the procedures with great care and expertise'*

## What does the treatment involve?

Your first appointment will be an aesthetic consultation. At this appointment you will be given all the information you require and be asked to fill in a medical/consent form. A series of before photographs will be taken and if you decide you wish to go ahead we will make your treatment appointment.

At your second appointment the dermal filler will be administered using an ultra-fine needle. The hyaluronic acid gel can be injected into and below the dermis where they combine with the skin's natural hyaluronic acid and bind with water to create volume and improve the skin's elasticity. It is a smooth consistency gel that flows easily into the skin for a natural look and feel.

We offer a complimentary dental block for lip treatments making the injection process a more comfortable experience.

## How soon does it work and how long will it last?

Dermal fillers work instantly, so you will see results straight away. The effects will fade gradually, and as with all dermal fillers, how long a treatment lasts varies from patient to patient and is due to a number of factors. However, results usually last in excess of 6 months and in some cases, can be up to a year. To retain the results you can come back for a top up treatment but no sooner than 3 months after your initial treatment. If you decided not to have further injections the gel will biodegrade into the skin and simply disappear.

## What products do we use?

We are proud to use the product brand Juvederm because we believe in only using products that have been extensively researched and tested. There are various different Juvederm ranges available but we will choose the right one for your requirements.

## What does the treatment cost?

**30 minute consultation - £60** (FREE if you decided to go ahead with treatment)

**1ml - £250**

**2mls - £350**

**3mls - £450**

(20% discount does NOT apply to plan members)

As a general guide, lip treatments require approximately 1ml of dermal filler, nose to mouth lines require approximately 2mls.



*“I was slightly nervous before hand but Mihaela made me feel at ease and I couldn’t be happier with the end results”*

### **Trust**

Our top priority is ensuring that our clients know they can put their trust in us to provide high quality ethical dentistry and facial aesthetics. By getting to know our clients as people we can build that trust so that you make an informed choice about the treatment that is right for you.

### **Reputation**

We have built up an enviable reputation as being one of the finest full service dental practices in the area and beyond. Our clients know that they are receiving top quality treatment using the latest techniques and best products available on the market. This is continued within our facial aesthetics treatments so you can enjoy the same high standards safe in the knowledge that your treatment is being carried out by highly skilled professionals.

### **Integrity**

Of course honesty is always the best policy and we would only carry out a treatment if it was felt to be right for you as a person. This level of integrity means you know you are getting appropriate treatment and that it is being carried out by experts who genuinely care about your individual well-being.

## In confidence

It is of course important to discuss the results you want from your treatment as well as making sure that you are fully informed about the treatment that you are considering. So before you decided on any treatment we will always carry out a consultation to determine the appropriate treatment for you.

**No treatment will be carried out at the consultation appointment.**



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**More information is available on our website  
but if you would like to discuss our treatments  
or make a consultation appointment  
please call our specialist team  
on 01450 372187.**

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a lifetime of care

**northbridge**  
dental

We have built up an enviable reputation as being one of the finest dentistry practices in the area. As a private practice, clients know that they are receiving top quality treatment using the latest techniques and best products that are available on the market.

When it comes to dentistry we are proud to be a preventative practice, but when treatment is necessary our clients know that they can always expect the finest quality care. As well as ensuring that our clients have healthy teeth and gums we fully appreciate the importance of an attractive smile and rejuvenated face can make to a person's confidence and our range of treatments help to make this happen.

Our top priority is ensuring that our clients can put their trust in us to provide high quality ethical dentistry and facial aesthetics. By getting to know our clients as people we can build that trust so that they make an informed choice about the treatment that is right for them as an individual.

**We are proud that our practice has been looking after many of the same families for generations and look forward to doing so for many years to come.**

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